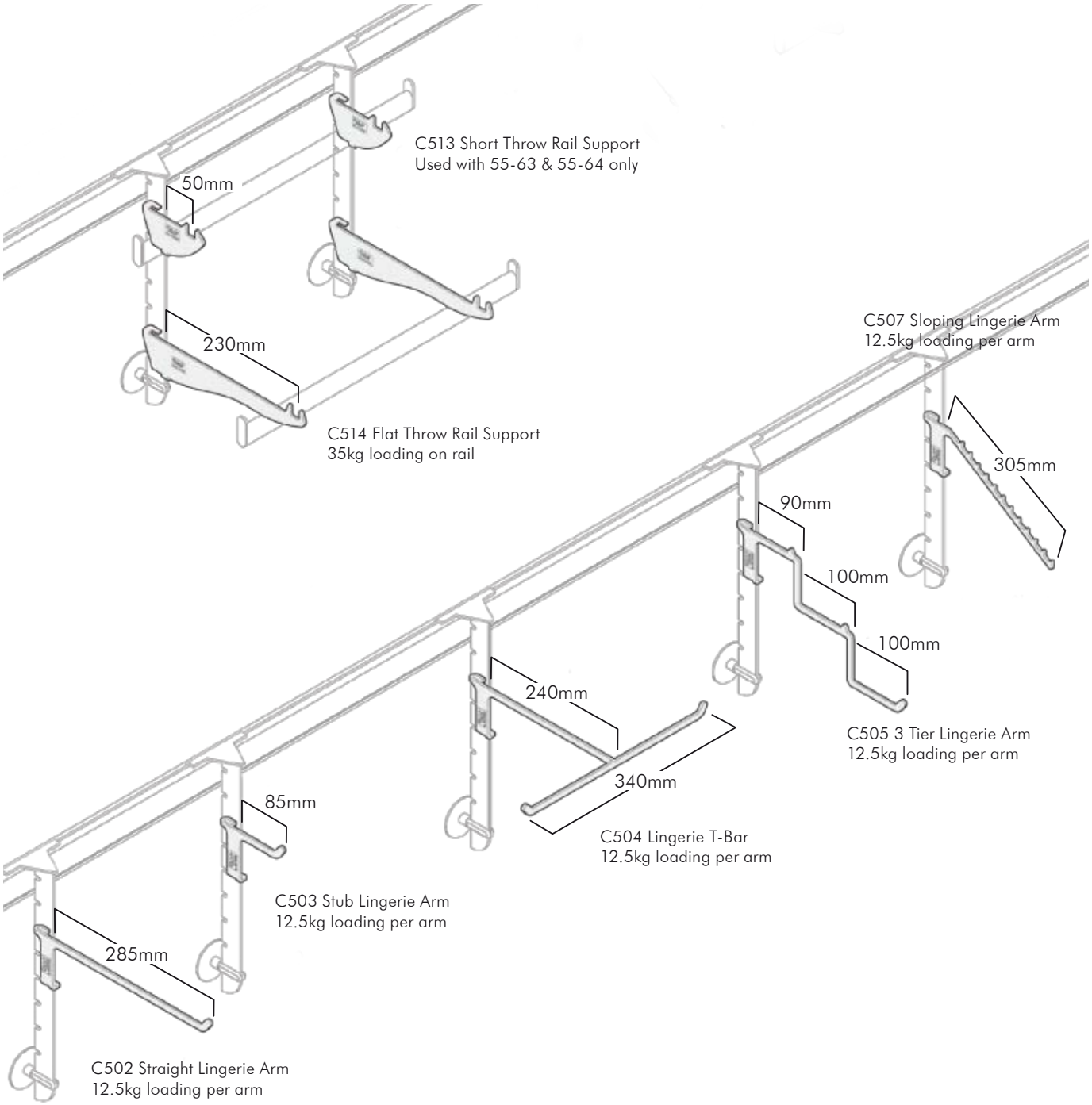Cilplan Flat Brackets and Lingerie Arms